

Spectacle Amnesty - an eye-catching idea.....

Graeme Tucker, Design Manager for Carillion Building, has shown how personal commitment to making a difference can really change lives.



In December 2003, he was part of a team of volunteers from 'Mission for Vision' providing glasses for people in Uganda. Alongside 2 qualified optometrists and 10 interpreters the team tested over 700 people and nearly 600 glasses were dispensed.

They may have had a couple of days relaxing and site-seeing along the Nile but after that it was all hard work. Busambatia was their base and from there they visited two remote villages, where they carried out eye tests and supplied people with best match glasses. If cataracts or eye disease was detected they were referred to a nearby hospital.

The team may have been working hard but it was worth every minute. Many of the people they tested had travelled two days to get there and were prepared to wait all day if necessary for their glasses.



The trip was so successful they are planning another trip in December and this is where you can get involved. During Sustainability Week we will be having a Spectacle Amnesty and we will donate all the spectacles to Graeme and his team.



The Spectacles will be collected at stands in our main offices (Wolverhampton, Manchester, London, Croyden, Birmingham). If you would like to collect spectacles at your site/office or would like to let us know any other organisations that we could send our spectacles to, please contact us at:

sustainabilityweek@carillionplc.com

Carillion Graduates get back to Nature

Carillion's graduates are taking on a Sustainability Challenge and going back to nature! A group from the 2003 intake are spending the 11th June at Pendeford Mill Nature Reserve and will have a hard days work to help rejuvenate the area.

The Reserve is a valuable environmental and historical resource dating back to the 13th Century. These 24 hectares of naturally managed countryside provide a stable and protected habitat for wildlife on the edge of the urban area of Wolverhampton.

The team will, amongst other challenges, be rubbing down and painting the fences that guide the entrance to the reserve, to make them look brighter and more presentable.



Pictured are graduates who took part in last year's Graduate Challenge.

For more information:

More details of the activities during Sustainability Week or 'Make a Pledge' can be found at:

Internal:
www.http://intranet/intranet_front/sustainability_2004.asp

External:
www.carillionplc.com/sustainability

E-mail:
sustainabilityweek@carillionplc.com

Sunflower Competition

In 1986 Martin Heijms from the Netherlands grew the world's tallest sunflower at 7.76 metres (25 feet 2 inches). Do you think you could beat that? To mark Sustainability Week why not plant some sunflowers and take on the challenge of growing the tallest sunflowers in Carillion.

The Sunflower Competition is simple. Plant your seeds in pots, water them and care for them and when they are big enough plant them in your garden and watch them grow. Sunflowers will grow in any soil type so there is no excuse for not having a go.

Send your entries to sustainabilityweek@carillionplc with your name and the height of your sunflower by the 31st August and you could be in with a chance of winning a £75 voucher for the Natural Collection - we may of course have to ask for photographic evidence!



enviro is written for all Carillion employees, to keep everybody informed of environmental issues that affect our communities, our business and ourselves. Please read it and pass it on to others at work or at home. Enviro can also be included in tenders and pre-qualification documents; the environmental issues that affect us also affect our clients' business.

If you require further copies or would like to be added to the distribution list, please contact Gemma Roberts, Enviro, 3rd Floor, Peel House, Wolverhampton WV1 4RU. Fax 01902 318809, or email: groberts@carillionplc.com

www.carillionplc.com/sustainability

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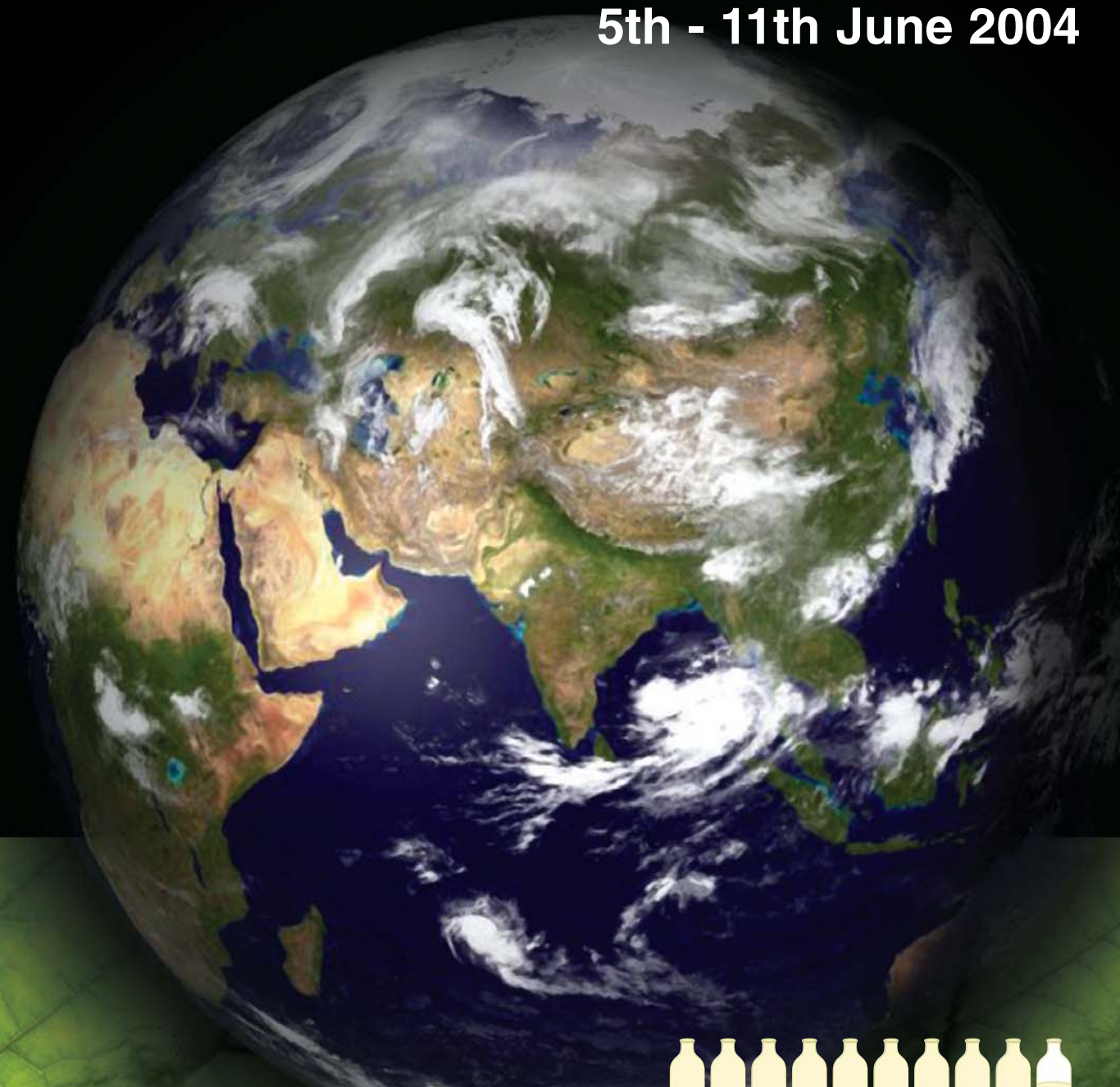


enviro

we all want quality surroundings

Sustainability Week

Lets make a difference
5th - 11th June 2004



Over 95% of the business now certified to ISO 14001

Sustainability Week 2004 Let's make a difference.....

Carillion employees throughout the Group are gearing up for Sustainability Week, which this year runs from Saturday 5th June through to Friday 11th June.

On 5th June 2004 it is World Environment Day and the beginning of Carillion's Sustainability Week. There will be a week of events to increase awareness and understanding of sustainability across Carillion, encouraging everyone to get involved, lead a more sustainable lifestyle and celebrate the good work we do in the community.

If everyone in the world lived as we do in Europe we would need three planets to support us. Sustainability is about trying to address this problem by improving everyone's quality of life, whilst protecting our environment and being aware of the limits on resource use. This is no easy task but we can all make small changes that make a real difference.

Two years ago a small team of Carillion employees organised a series of sustainability activities over a one-week period in order to promote sustainability. This included a quiz, discussions and lectures from specialists, field based activities such as wildlife habitat management and project work with community groups.

The week was a great success. It helped to increase sustainability awareness and knowledge as well as demonstrate our commitment to sustainability. This year our Sustainability Week activities will be much more widespread. We want our message to reach as many people as possible and hope that the activities you get involved with in June will have a lasting effect.

The timetable (right) is a taster of some of the many events you can get involved in. Please let us know if you organise any events, however small or large, e-mail sustainabilityweek@carillionplc.com

How are people getting involved?

Monday 7th June - Protection of the environment

- Sustainable Design Competition at Bailey's Court Primary School, Bristol with Carillion Building.
- During the week Fleet Management will be testing the new Toyota Puris to assess its fuel-use and practicality, this Hybrid car uses battery and high efficiency petrol engine power.

Tuesday 8th June - Prudent use of natural resources

- Sustainability Resource Packs, produced in collaboration with the CITB, will be launched in 10 schools in Gloucestershire.
- Area 12, Carillion Roads, have been using everyday products from recycled materials, have a look at the website to see if you could use them too! www.remarkable.co.uk

Wednesday 9th June - Economic growth and prosperity

- Members of the NAP site team will assist their local Wildlife Trust with the day's activities.

- All week BTCV Green Gyms are offering taster sessions an opportunity for people to try gardening and conservation activities for a healthy heart. www.btcv.org/greengym

Thursday 10th June - Social Progress

- Swindon Hospital will be carrying out various activities, including a Car Pooling Competition with the NHS Trust, a 'Switch on Swindon' energy efficiency stall and a Green Gardening Stall.
- Car users tend to over overestimate a bus journey by 45% and under estimate a car journey by 18%! Why not have a car free day, leave your car at home and walk, cycle or bus it to work.

Friday 11th June - Feedback

- There will be a Graduate Challenge Day, in connection with Business in the Community, of conservation work at Pendeford Mill Nature Reserve in Wolverhampton.
- Volunteer to be a Construction Ambassador a scheme funded by CITB to promote the construction industry in schools.

Introducing the team

The team of three that have organised Sustainability week are Chris James, Andy Goldie and Rona Brown. They have been supported by champions from across Carillion to organise activities and communicate the initiative.

Andy explained: "Two years ago a small team of Carillion employees organised a series of green activities over a one-week period in order to promote sustainability. This year the team want to see the project grow, and are inviting all employees across the Group to join in."



Rona said, "This time we would like it to be far more widespread rather than within one local part of the business, and we are open to ideas for events and activities."

Chris added, "Every employee will be given the opportunity to participate wherever they are, whichever business they are in. Together, we can learn more about sustainability and help make a difference to the world we live in."

"With this aim in mind we are currently planning events to enable individual participation. With the Environment Agency, we will be encouraging everyone to make small but significant environmental pledges, such as promising to take a shower rather than a bath, to plant a tree, take part in a litter clean up, or to cut down on the daily car journeys.

Sustainability Stands - info, samples and fundraising



Throughout sustainability week there will be a stand in six Carillion locations, these are Manchester, Birch Street, Croydon, Westlink, Swindon and Birmingham. The purpose of this is to create a focus for the week, to enable people to review literature and take samples away.

These will include literature and posters from Oxfam, Fairtrade, World Development Movement, The Wildlife Trusts, Recycled Waste.com, and also samples to take away from Café Direct, Clipper Tea and The Body Shop - all kindly donated to raise awareness to their respective causes.

A principal feature will also be the "Save A Flush" bags (to be placed in the cistern of any toilet) which have been kindly given to us by Severn Trent Water. In exchange for the bag we are hoping to raise money for Water Aid - thus saving money and water in our country and providing clean drinking water in developing countries!

Useful Links:

www.oxfam.org.uk
www.wateraid.org.uk
www.wildlifetrusts.org
www.fairtrade.org.uk
www.wdm.org.uk

What will you pledge?

As part of World Environment Day the Environment Agency is encouraging everyone to make small but significant environmental pledges. There are 10 pledges that will make your lifestyle more sustainable and everyone can have a go. John McDonough has already pledged to walk to his local paper shop to cut down on car journeys and Sir Neville Simms will plant a tree in his garden. So what will you do?

Pledge selection...

- I will replace one light bulb in my house with an energy saving version.
- I will put a 'water hippo' in my cistern to reduce the amount of water used per flush.
- I will plant one tree either in my garden or as part of a community forest.

- I will switch off the television rather than leave it on stand-by.
- I will turn the thermostat on my gas-fired central heating down by one degree centigrade.
- I will hang out, rather than tumble-dry, one load of washing per week.
- I will replace one two-mile car journey per week by walking, cycling or taking a bus.
- I will start re-using plastic bags when shopping.
- I will take showers instead of baths.

If you Make a Pledge through Carillion we will be able to calculate the saving Carillion has made to the environment as a result of all our pledges. You can make your pledge on-line through our **intranet** ([www.http://intranet/intranet_front/sustainability_2004.asp](http://intranet/intranet_front/sustainability_2004.asp)) or **internet**

(www.carillionplc.com/sustainability). If you need a **paper copy** of the pledge form please contact sustainabilityweek@carillionplc.com

