

Sustainability Week at Darent Valley Hospital

Details

Business: Carillion Health

Date(s): June 2005

Location: Darent Valley Hospital

Working with: Estates Department

Business Benefits

Reduced Costs Energy saving reduces costs both at work and at home

Pollution risk minimised
Conserving energy helps the environment

Improve customer relations
Interaction with Trust staff helps to improve working relations

Improve community relations
Interaction with the public helps to raise awareness of Carillion

Sustainability Week 2005

Our busy week addressed issues such as recycling, composting, home energy conservation, saving energy in the workplace and healthy lifestyle.

We were lucky enough to have representatives from Dartford Borough Council and the Home Energy Conservation Trust to help us out at different times.

Throughout the week we addressed many issues such as recycling, pointing out the many ways in which we can recycle the majority of our household waste and gave locals the chance to voice their opinion on the recycling facilities in this area.

We pointed out just how much energy and money you can save by just the flick of a switch and gave out free energy saving light bulbs to those that took part in our survey.

We had a dummy cross section of a compost bin showing the different stages of decay and gave out leaflets on gardening methods that encourage wildlife into your garden.

Fortunately, the end of our Sustainability Week coincided with a healthy lifestyle week the Trust was running. This consisted of a free health check for all staff including blood pressure, weight, cholesterol, blood sugar level etc. I went around the Carillion office encouraging them to visit the stand and get a quick 'Health MOT'.

All during the week we collected unwanted eyeglasses that are to be taken to Uganda by one of our colleagues from Carillion Building and we also had a collection box for old mobile phones and accessories, the proceeds from these will go to the Darent Valley Hospital Fund.

Lastly, we asked people to make sustainability pledges. We used a pole in the main reception by our stand and stuck all the pledges made around the pole.



A representative from Dartford Borough Council spins the recycling wheel to show where most of our household waste can be recycled.